

— Shamanic Training —

Eagle group

Only 13 spots available. Applications open until December 2024; training begins in March 2025 in Agassiz, BC.

Outline

Immerse yourself in learning that will last a lifetime through a life-changing, unforgettable, rich and transformative experience. A return of personal power.

This program is designed for personal exploration and self-healing, and consists of three in-person retreat weekends (Thursday-Sunday) and monthly online sessions for a total of 111 hours of teaching (85 retreat hours of training, 26 online teaching hours).

In the year together, you will work with the same group of participants and develop a general knowledge of a variety of modern shamanic healing techniques and skills and an in-depth knowledge of shamanic journeying techniques. After the training, you will have the skills to offer healing sessions to others, if you wish.

Those who complete the training and homework (case studies) will receive a certificate in shamanic healing from Stars to Sea.

Training is led by Elaine Hyde, under the teaching lineage of Helena Frank and

Daniel Leonard, Sandra Ingerman and Michael Harner.

What you'll learn

- Discover how to work with your power animals and spirit helpers to help you in your daily life, with creative projects
 - Uncover your natural gifts and medicines and practice applying them to help yourself and others
 - Deepen your connection with life and experience healing that brings fundamental shifts and alignments to your higher purpose
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Course Requirements

Participants must commit to attending all in-person retreats. There are no makeup weekends; it is best to be together in ceremony throughout.

Full attendance of online calls.

Completion of 30 Case Studies. One page in length.

No previous shamanic experience is necessary, however, recommended to know how to journey. Easily find Sandra Ingermans free resources on the shamans cave.

Retreat schedules

There are three in-person retreats. **The first retreat will be March 6-9, 2025 in Agassiz, BC.** (Location TBA.) The other two retreat dates will be decided upon as a group but will be in the same area and in the summer 2025 and early spring 2026.

Note: You are responsible for covering your own food, accommodation and travel costs, in addition to the training costs.

Retreats run from Thursday to Sunday:

- Thursday 6:00 pm-11:00 pm
- Friday 9:30 am-12:30 pm; 1:30 pm-5:00 pm
- Saturday 9:30 am-12:30 pm; 1:30 pm-5:00 pm
- Sunday 9:30 am-12:30 pm; 1:30 pm-4:00 pm

Retreat learnings

Retreat no. 1: March 6-9, 2025

- Shamanic journeying
- Meeting your power animals
- Merging practice
- Power animal dance
- Protection tools
- Meeting your drum
- Learn power animal retrieval
- Travel the other-worlds
- Learn to narrate journeys
- Divination
- Soul remembering
- Reasons for shamanism today
- Overview of illness from a shamanic Perspective
- The healing story

Retreat no. 2: Summer 2025

- Extraction
- Introduction to psychopomp: Working with, guiding and healing the spirits of the dead
- Ancestor connections and healing
- Land healing
- Working at a distance
- The power of group healing
- Shamanic craft and art making

Retreat no. 3: Spring 2026

- Soul retrieval (parts 1 and 2)
- Elemental guides
- Fire ceremony
- Distance healing
- Sharing your gifts with the circle
- Working with your community
- Walking balanced between worlds

Offerings to you

- One (1) Soul Retrieval Ceremony with Elaine (part of the application process)
- A complete, high-quality education in shamanic healing over 16 months; not just participation in ceremonies but fundamentals of the shamanic method and teachings to hold your own ceremony
- Learn practical skills through your connection with the sacred
- Three (3) in-person four-day long retreats (Thursday-Sunday), where you will experience powerful group ceremonies with like-minded people and enjoy gentle growth in a safe and supportive environment (79.5 hours)

- 13 online teaching sessions with a journey and Q&A, including one (1) preparation call (18 hours)
- Reduced Healing and Support Calls 50% Discounted
- Online group chat and support
- Access to the greater Stars to Sea and Medicine Circle shamanic graduate community
- Access to a Student Resource page through Stars to Sea
- Notes on marked case studies

For graduates of the program

- Access to rituals and teaching documents
- Possibility to join the teacher training mentorship program
- Application to the Medicine Circle Advanced Shamanic Program

Payment

Total payment for the Shamanic Training Eagle Group is \$2448, tax included. **A deposit of \$300 is required to hold your spot upon acceptance into the program;** this fee will be applied to your Soul Retrieval Ceremony.

The total payment covers all teachings—in-person and online—and a printed copy of the training handbook (53 pages).

Stars to Sea also offers the following payment plans:

- Single (1) payment of \$2448
- Two (2) payments of \$1224
- Three (3) payments of \$816

- Twelve (12) payments of \$204

Please look to www.starstosea.com/plans where you will find payment options. Your first/full payment is due by/before December 15th.

Teachers

This program is led by Elaine Hyde. Assistant teachers are Manpreet Kaur, Anastasia Koutalianos and Antonia Nicholas.

Contact

For more info or to apply, contact Elaine Hyde at hereandnow.elaine@gmail.com or visit <https://www.starstosea.com/>.